



TODDLER

Hello, Fall!

“Autumn is a second spring when every leaf is a flower.” ~Albert Camus



Autumn is the time apples and other garden plants are ready to be harvested. Let's start with apples. There are so many things you can do with apples and toddlers.

Apple Toddler Activities

- While preparing for apple stamping, let's first introduce your child to apples. Start out by having your child hold the apple and looking at the outside of the apple. Ask the following questions to start his curiosity:
 - What color is the outside of the apple? (Use a variety of color of apples so your toddler sees that not all apples are red.)
 - Do you know what the name of the covering of the apple is? (Skin)
 - How does the apple feel?
- Next, cut the apple open. Ask your toddler to examine the inside of the apple. Then ask these questions:
 - What color is the inside?
 - What does it feel like?
 - What does it smell like?
 - Do you want to taste it? If so, what does it taste like?
 - What do you see in the middle of the apple? (Core and seeds)
 - Can we count the number of seeds?
- Now you are ready to paint with the apples. Have a variety of colors of paint – red, green, and yellow. Give your child a blank piece of paper and let her begin her creativity. If your toddler is older, you may want to give her black paint also to include the core and seeds in her masterpiece.
- Finish up the activity by singing *Five Rosy Apples* (lyrics below).

Five Rosy Apples

Five rosy apples by the cottage door,
One tumbled off a twig
and then there were four.

Four rosy apples by the cottage door,
The farmer's wife took one
and then there were three.

Three rosy apples by the cottage door,
I think I'll have one and then there'll be two.

Two rosy apples hanging in the sun,
You have the big one and that will leave one.

One rosy apple, soon it is gone.
The wind blew it off the branch
and now there are none.



Please see below for some additional activities that you could try with your child.



Sensory Table and Fine Motor Skills

Provide different root vegetables (potatoes, radishes, carrots, and some pumpkins) together with some vegetable brushes and some towels. Let your child use the brushes to clean the vegetables. While your child is playing (and cleaning the veggies for you) have a conversation about what he is doing.

- Talk about the cleaning process
- Name the vegetables
- Name the color of the vegetables
- Taste test the vegetables, if possible

Autumn Art

Here are a few art ideas to do with your toddler. After you have completed the projects, hang them outside and watch the birds flock to the projects.

Seed pod and cone mobile:

Collect a variety of different seed pods, cones, dried flowers, berry clusters, and other interesting items from nature. Make a cross with two twigs and hang them from it using thread.

Pinecone bird feeder:

Arrange seeds and tiny bits of fruit, dried fruit, and nuts in the layers of an open pine cone. Hang it up where the birds can nibble at it.

Fall Leaves

Go outside and pick up the fallen leaves that are already on the ground. Talk to your toddler about the colors of the leaves, the smell of the leaves, and how the leaves feel. Fall is such a fun time to gather leaves in a pile, jump in them, and sing the song below.

Autumn Leaves

(tune of I Hear Thunder)

Leaves are falling
Leaves are falling

To the ground
To the ground

Look at all the colors
Look at all the colors

Red, yellow, brown
Red, yellow, brown



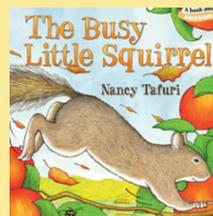
Books



Fall Is Here!
by Fiona Galloway



Fall (Seasons)
by Child's Play and
Ailie Busby



The Busy Little Squirrel
(Classic Board Books)
by Nancy Tafuri